

## Supporting Information:

**General Methods:** Deuterium oxide (Merck) and methanol-d<sub>4</sub> (Merck) were purchased each in 99.8% purity. 2-hexanone (Aldrich) and lithiumbromide (Merk) were also purchased each in 99% purity.

**17,17,40,40-Tetramethyl-1,10,24,33-tetraoxy[2](2,6)pyridino[2.1]paracyclo[2](2,6)-pyridino[2.1]paracyclophane-12,20,35,43-tetraphosphonic acid monoethylester tetra lithium salt.** 146.7 mg (0.1215 mmol) of the macrocycle, 46.3 mg (4.1 eq.) of lithiumbromide were dissolved in 7 ml of dry 2-hexanone under argon atmosphere and heated for 120 hours at 100°C. The residue was filtrated and washed with 2 hexanone. The salt was purified via dialysis; afterwards it contained only minute amounts of lithiumbromide. Yield: 116 mg (85%). <sup>1</sup>H-NMR (500 MHz, CD<sub>3</sub>OD): δ = 1.13 (t, 12 H, J = 7.3 Hz, CH<sub>3</sub>CH<sub>2</sub>O), 1.64 (s, 12 H, CH<sub>3</sub>C), 3.81 (q, 8 H, J = 7.0 Hz, CH<sub>3</sub>CH<sub>2</sub>O), 5.26 (s, 8 H, CH<sub>2</sub>O), 6.76 und 6.90 (m, 2 x 4 H<sub>arom.</sub>), 7.69 (d, 4 H<sub>py</sub>, J = 6.9 Hz), 7.76 (t, 2 H<sub>py</sub>, J = 6.9 Hz), 7.86 (m, 4 H<sub>arom.</sub>). <sup>13</sup>C-NMR (125 MHz, CD<sub>3</sub>OD) δ = 17.44 (s), 31.87 (s), 39.00 (s), 43.37 (s), 61.74 (d, 5.0 Hz), 113.75 (d, 8.8 Hz), 122.36 (s), 123.92 (s), 125.31 (s), 129.36 (d, 82.3 Hz), 132.39 (s), 133.58 (d, 6.8 Hz), 139.68 (s), 144.36 (d, 12.5 Hz), 159.01 (d, 42.3 Hz). <sup>31</sup>P-NMR (200 MHz, CD<sub>3</sub>OD) δ = 12.85. Anal. Calcd for C<sub>52</sub>H<sub>58</sub>N<sub>2</sub>O<sub>16</sub>P<sub>4</sub>Li<sub>4</sub>: C 55.83; H 5.23; N 2.50. Found: C 54.71; H 5.45; N 2.08. MS (FAB, glycine matrix, Xe): m/z 1125 (M + Li<sup>+</sup>, 55%).

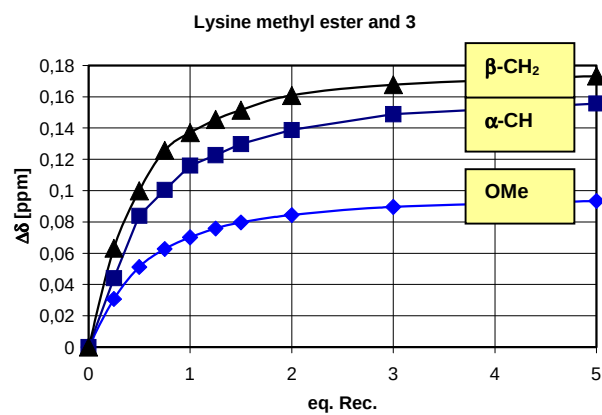
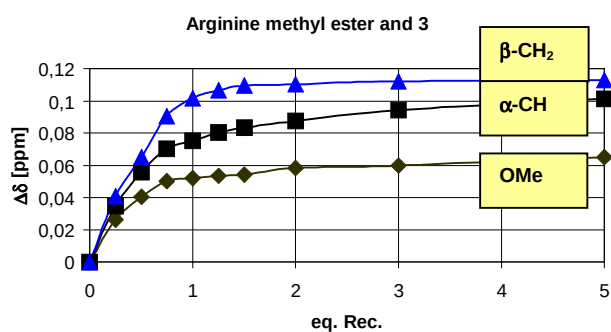
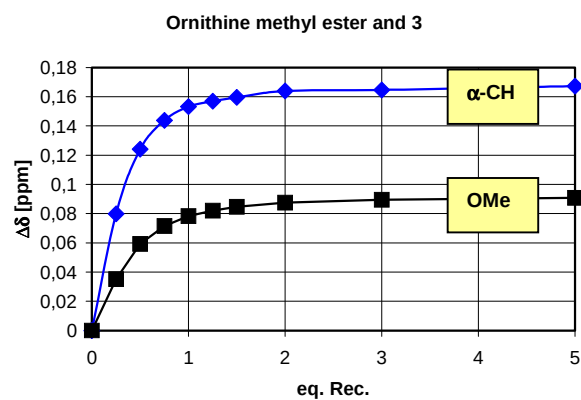
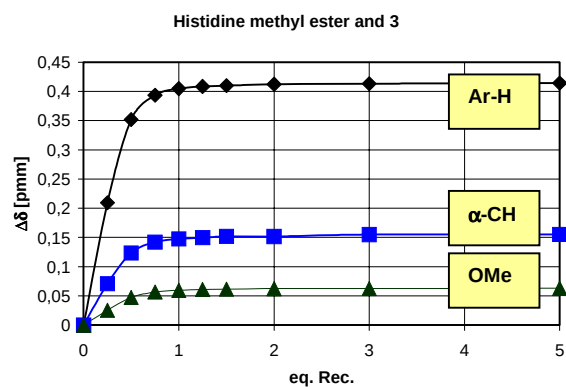
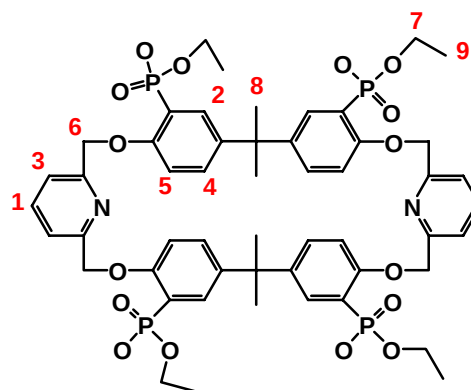
### <sup>1</sup>H NMR Titrations.

Ten NMR tubes were filled each with 0.8 mL of a solution of the host compound (*c*<sub>guest</sub> = 0.5–4 mM) in a deuterated solvent (methanol-d<sub>4</sub>, or D<sub>2</sub>O). The guest compound (1.525 equiv corresponding to the guest) was dissolved in 0.61 mL of the same solvent, and the resulting solution was added with increasing volumes from 0 to 5 equiv. to the guest solution in ten NMR tubes.

Volume and concentration changes were taken into account during analysis. The association constants were calculated by non-linear regression methods.

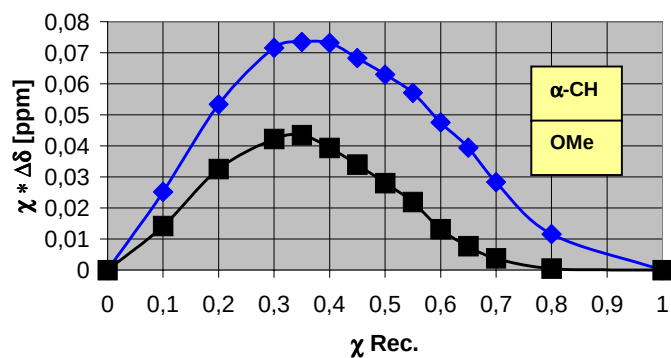
**Job plots.** Equimolar solutions (10 mmol/10 mL, approx. 10 μM) of dication and tetraphosphonate were prepared and mixed in various amounts. <sup>1</sup>H NMR spectra of the mixtures were recorded, and the chemical shifts were analysed by Job's method modified for NMR results.

# 1. NMR titrations in methanol

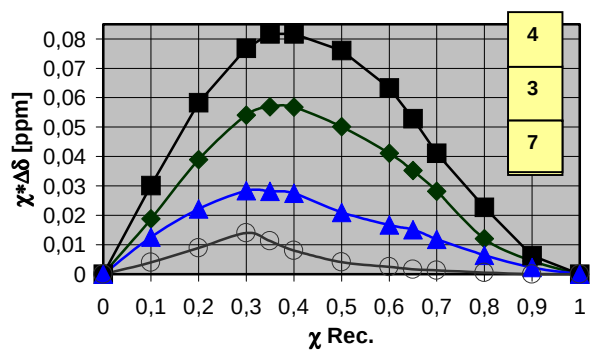


## 2. Job-Plots in methanol

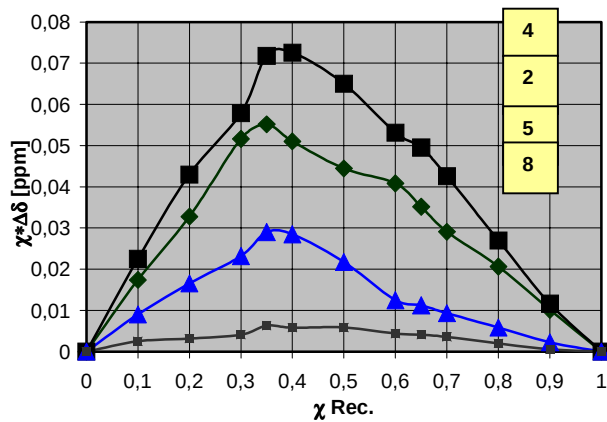
Job Plot Histidine methyl ester and 3



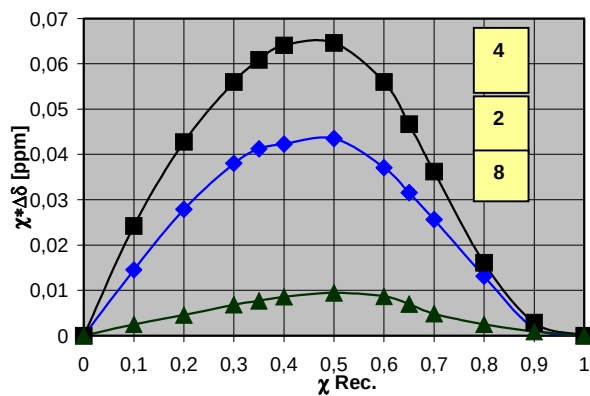
Job Plot Ornithine methyl ester and 3



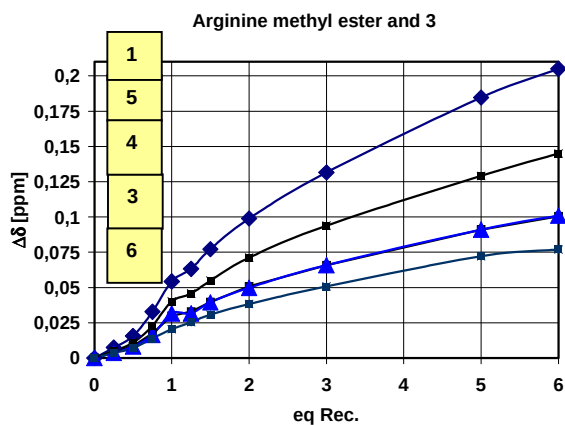
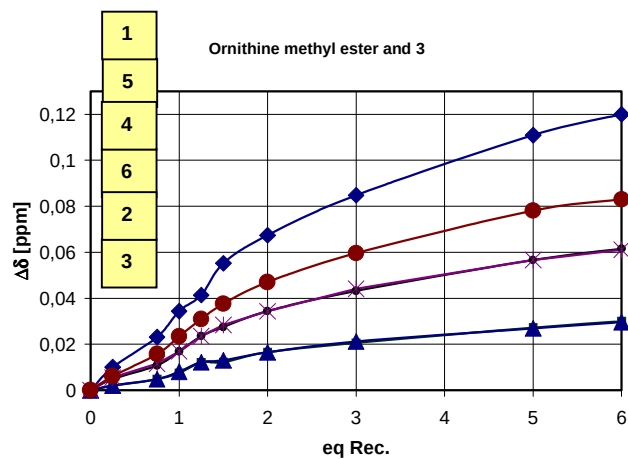
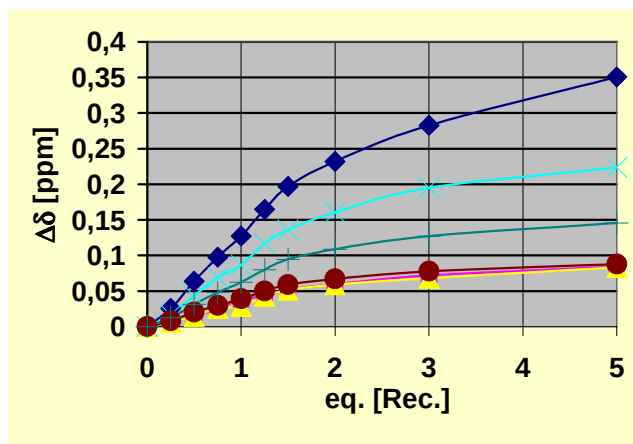
Job Plot Arginine methyl ester and 3



Job Plot Lysine methyl ester and 3



### 3. NMR titrations in water



## 4. Tables

Table 1: Histidine in methanol

| Eq Guest | $\Delta\delta H^1$ | $\Delta\delta H^2$ | $\Delta\delta CH^3$ | $K_a$ /Error (averaged)        |
|----------|--------------------|--------------------|---------------------|--------------------------------|
| 0,25     | 0,2093             | 0,0709             | 0,0255              | $K_a = 29000$<br>Error: +/-11% |
| 0,5      | 0,3518             | 0,1235             | 0,0472              |                                |
| 0,75     | 0,3934             | 0,1421             | 0,0567              |                                |
| 1        | 0,4047             | 0,1475             | 0,0595              |                                |
| 1,25     | 0,4084             | 0,1496             | 0,061               |                                |
| 1,5      | 0,4097             | 0,1518             | 0,0614              |                                |
| 2        | 0,4122             | 0,1516             | 0,0624              |                                |
| 3        | 0,4132             | 0,155              | 0,0626              |                                |
| 5        | 0,4141             | 0,1551             | 0,0629              |                                |

Table 2: Ornithine in methanol:

| Eq Guest | $\Delta\delta H^1$ | $\Delta\delta H^2$ | $K_a$ /Error (averaged)        |
|----------|--------------------|--------------------|--------------------------------|
| 0,25     | 0,0799             | 0,0351             | $K_a = 18000$<br>Error: +/-30% |
| 0,5      | 0,1242             | 0,0592             |                                |
| 0,75     | 0,1439             | 0,0715             |                                |
| 1        | 0,1533             | 0,0783             |                                |
| 1,25     | 0,1569             | 0,0821             |                                |
| 1,5      | 0,1596             | 0,0846             |                                |
| 2        | 0,1639             | 0,0875             |                                |
| 3        | 0,1647             | 0,0895             |                                |
| 5        | 0,1673             | 0,0908             |                                |

Table 3: Arginine in methanol

| Eq Guest | $\Delta\delta H^1$ | $\Delta\delta H^2$ | $\Delta\delta H^3$ | $K_a$ /Error (averaged)        |
|----------|--------------------|--------------------|--------------------|--------------------------------|
| 0,25     | 0,02606            | 0,0347             | 0,04076            | $K_a = 30000$<br>Error: +/-15% |
| 0,5      | 0,0405             | 0,0558             | 0,065              |                                |
| 0,75     | 0,05018            | 0,0704             | 0,0905             |                                |
| 1        | 0,052              | 0,0751             | 0,1018             |                                |
| 1,25     | 0,0533             | 0,0804             | 0,1065             |                                |
| 1,5      | 0,0541             | 0,0832             | 0,1094             |                                |
| 2        | 0,0583             | 0,0874             | 0,1103             |                                |
| 3        | 0,06               | 0,0942             | 0,1122             |                                |
| 5        | 0,065              | 0,1012             | 0,1129             |                                |

Table 4: Lysine in methanol

| Eq Guest | $\Delta\delta H^1$ | $\Delta\delta H^2$ | $\Delta\delta H^3$ | $K_a$ /Error (averaged)       |
|----------|--------------------|--------------------|--------------------|-------------------------------|
| 0,25     | 0,0307             | 0,044              | 0,0632             | $K_a = 21000$<br>Error +/-35% |
| 0,5      | 0,0512             | 0,084              | 0,0999             |                               |
| 0,75     | 0,0627             | 0,1005             | 0,1258             |                               |
| 1        | 0,0701             | 0,116              | 0,1371             |                               |
| 1,25     | 0,0758             | 0,1227             | 0,1455             |                               |
| 1,5      | 0,0797             | 0,1298             | 0,1515             |                               |
| 2        | 0,0844             | 0,1388             | 0,1609             |                               |
| 3        | 0,0896             | 0,1489             | 0,1677             |                               |
| 5        | 0,0934             | 0,1557             | 0,1733             |                               |

Table 5: Histidine in water

| Eq Guest | $\Delta\delta H^1$ | $\Delta\delta H^2$ | $\Delta\delta CH^3$ | $\Delta\delta H^4$ | $\Delta\delta H^5$ | $\Delta\delta H^6$ | $\Delta\delta H^2$ | $K_a$ / Error (averaged)              |
|----------|--------------------|--------------------|---------------------|--------------------|--------------------|--------------------|--------------------|---------------------------------------|
| 0        | 0                  | 0                  | 0                   | 0                  | 0                  | 0                  | 0                  | $K_a = 650 M^{-1}$<br>Error = +/- 18% |
| 0,25     | 0,0255             | 0,006              | 0,0063              | 0,0161             | 0,0275             | 0,0081             | 0,0126             |                                       |
| 0,5      | 0,0637             | 0,0148             | 0,0145              | 0,0432             | 0,0489             | 0,0204             | 0,0312             |                                       |
| 0,75     | 0,0977             | 0,0249             | 0,0258              | 0,0693             | 0,0489             | 0,0296             | 0,0479             |                                       |
| 1        | 0,1274             | 0,0384             | 0,0283              | 0,0864             | 0,0773             | 0,039              | 0,0624             |                                       |
| 1,25     | 0,1649             | 0,0428             | 0,0428              | 0,1166             | 0,0814             | 0,0501             | 0,0801             |                                       |
| 1,5      | 0,197              | 0,052              | 0,0514              | 0,1359             | 0,0971             | 0,0589             | 0,0946             |                                       |
| 2        | 0,232              | 0,0595             | 0,0592              | 0,1604             | 0,1126             | 0,0671             | 0,1087             |                                       |
| 3        | 0,2827             | 0,0718             | 0,0681              | 0,1951             | 0,1349             | 0,0778             | 0,1273             |                                       |
| 5        | 0,3508             | 0,0844             | 0,0835              | 0,2235             | 0,162              | 0,0879             | 0,1456             |                                       |

Table 6: Ornithine in water

| Eq Guest | $\Delta\delta H^1$ | $\Delta\delta H^2$ | $\Delta\delta CH^3$ | $\Delta\delta H^4$ | $\Delta\delta H^5$ | $\Delta\delta H^6$ | $K_a$ / Error (averaged)       |
|----------|--------------------|--------------------|---------------------|--------------------|--------------------|--------------------|--------------------------------|
| 0,25     | 0,01               | 0,0019             | 0,0021              | 0,0049             | 0,0055             | 0,0061             | $K_a = 450$<br>Error = +/- 33% |
| 0,75     | 0,0231             | 0,0048             | 0,0048              | 0,0108             | 0,0115             | 0,0157             |                                |
| 1        | 0,0344             | 0,0075             | 0,0081              | 0,0169             | 0,0169             | 0,0234             |                                |
| 1,25     | 0,0414             | 0,0121             | 0,0122              | 0,0235             | 0,0235             | 0,0309             |                                |
| 1,5      | 0,0552             | 0,0122             | 0,013               | 0,0275             | 0,0284             | 0,0376             |                                |
| 2        | 0,0674             | 0,0165             | 0,0165              | 0,0344             | 0,0343             | 0,047              |                                |
| 3        | 0,0848             | 0,0206             | 0,0212              | 0,0432             | 0,0441             | 0,0596             |                                |
| 5        | 0,1109             | 0,0272             | 0,0269              | 0,0566             | 0,0566             | 0,0781             |                                |
| 6        | 0,12               | 0,03               | 0,0296              | 0,0615             | 0,0611             | 0,083              |                                |

Table 7: Arginine in water

| Eq Gast | $\Delta\delta H^1$ | $\Delta\delta H^2$ | $\Delta\delta CH^3$ | $\Delta\delta H^4$ | $\Delta\delta H^5$ | $K_a$ / Error (averaged)     |
|---------|--------------------|--------------------|---------------------|--------------------|--------------------|------------------------------|
| 0,25    | 0,0074             | 0,004              | 0,0036              | 0,0051             | 0,0037             | $K_a = 350$<br>Error: +/-38% |
| 0,5     | 0,0156             | 0,0084             | 0,0082              | 0,0109             | 0,007              |                              |
| 0,75    | 0,0328             | 0,0175             | 0,0164              | 0,0229             | 0,0139             |                              |
| 1       | 0,0543             | 0,03               | 0,0317              | 0,0401             | 0,0204             |                              |
| 1,25    | 0,0632             | 0,0328             | 0,0317              | 0,0457             | 0,0254             |                              |
| 1,5     | 0,0772             | 0,0396             | 0,0395              | 0,0549             | 0,0308             |                              |
| 2       | 0,0989             | 0,0508             | 0,0498              | 0,0712             | 0,0383             |                              |
| 3       | 0,1316             | 0,0658             | 0,0659              | 0,0939             | 0,0508             |                              |
| 5       | 0,1847             | 0,0911             | 0,0911              | 0,1292             | 0,0722             |                              |
| 6       | 0,205004           | 0,10054            | 0,101               | 0,145              | 0,077              |                              |

Table 8: Lysine in water

| Eq Guest                    | $\Delta\delta \text{ H}^1$ | $\Delta\delta \text{ H}^2$ | $\Delta\delta \text{ CH}^3$ | $K_a$ / Error (averaged)     |
|-----------------------------|----------------------------|----------------------------|-----------------------------|------------------------------|
| 0,25                        | 0,0077                     | 0,0068                     | 8,00000E                    |                              |
| 0,5                         | 0,0126                     | 0,0104                     | 0,0011                      |                              |
| 0,75                        | 0,0157                     | 0,0121                     | 0,0017                      |                              |
| 1                           | 0,0197                     | 0,0155                     | 0,0021                      |                              |
| 1,25                        | 0,0231                     | 0,0178                     | 0,00245                     |                              |
| 1,5                         | 0,0255                     | 0,0205                     | 0,0028                      |                              |
| 2                           | 0,0315                     | 0,0252                     | 0,0032                      |                              |
| 3                           | 0,0398                     | 0,0314                     | 0,004                       |                              |
| 5                           | 0,0532                     | 0,0422                     | 0,0052                      |                              |
| 6                           | 0,059                      | 0,04601                    | 0,005705                    |                              |
| $K_a$                       | 1061,388                   | 1135,354                   | 1411,877                    |                              |
| $\Delta\delta_{\text{sat}}$ | 0,1052                     | 0,080483                   | 0,009067                    |                              |
| Error [%]                   | +/-23,44                   | +/-26,05                   | +/-25,93                    | $K_a = 1200$<br>Error +/-25% |

## 5. Job-Plots in water

